



**Contact Information**  
 Email: catering@cdnis.edu.hk  
 Tel: 2240 6052

**Menu A** : Asian  
**Menu B** : Western  
**Menu C** : Vegetarian  
**Chef D** : Noodles or Daily Special (to be confirmed on the day)  
**Chef E** : Daily Special (to be confirmed on the day)  
**Green Monday** : Only vegetarian meals served - Date highlighted in Green














































































































**EVERY DAY**  
 These items are healthy! We recommend you eat them daily for a healthy diet


**SOME TIMES**  
 These items should be eaten in moderation, but are essential to a balanced diet


**TREAT**  
 These items are not recommended for a healthy diet, but can be an occasional treat.


**VEGETARIAN**  
 Labeled for dishes that contain no seafood or animal meat. But may contain dairy products


**VEGAN**  
 Labeled for dishes with no animal products including dairy and other animal derived products

	Monday	Tuesday	Wednesday	Thursday	Friday
					<b>1-Sep</b>
A					Tuna Mixed Bell Pepper Cassarole 
B					Pan Fried Pork Chops with Onion Gravy 
C					Thai Style Mixed Vegetable Curry   
	<b>4-Sep</b>	<b>5-Sep</b>	<b>6-Sep</b>	<b>7-Sep</b>	<b>8-Sep</b>
A	Spinach and Chicken Hot Pot with Mushrooms 	Chicken and Mushroom Sauce with Onions and Garlic 	Moroccan Chicken with Onions and Peppers 	Spaghetti Bolognese with Diced Carrots and Celery 	Hong Kong Style Chicken Curry with Carrots and Green Bell Peppers 
B	Pork Goulash with Root Vegetables 	Beef Stroganoff with Red Bell Peppers and Sautéed Onions 	Spinach and Pork Hot Pot with Mushrooms 	Stewed Chicken and Spinach with Mushrooms 	Mildly Spiced Pork and Bean Stew 
C	Vegetable Udon Noodles   	Thai Style Stir Fried Vegetables with Pumpkin   	Stewed Turnip with Chinese Mushrooms   	Steamed Tofu with Black Bean Sauce   	Braised Mushroom Stew with Lentils, Chickpeas and Pumpkin   
	<b>11-Sep</b>	<b>12-Sep</b>	<b>13-Sep</b>	<b>14-Sep</b>	<b>15-Sep</b>
A	Mixed Spiced Vegetable Paella   	Mexican Chili Con Carne with Beans and Diced Carrots 	Chicken A La King and Mixed Bell Peppers 	Sliced Pork Loin in Creamy Shallot and Mushroom Sauce 	<b>No School for Students</b>
B	Eggplant, Tomato and Courgette Casserole   	Pan Fried Chicken with Mushroom Sauce 	Tomato Pork Stew with Carrots and Celery 	Chicken Steak with Teriyaki Sauce and Sautéed Onions 	
C	Cauliflower and Potato Curry   	Steamed Tofu with Black Bean Sauce   	Mushroom and Bean Hot Pot   	Sagg Aloo (Spinach and Potato Curry)   	
	<b>18-Sep</b>	<b>19-Sep</b>	<b>20-Sep</b>	<b>21-Sep</b>	<b>22-Sep</b>
A	Beef Bourguignon with Red and Green Bell Peppers 	Arrabiata Sauce with Chicken and Roasted Bell Peppers 	Portuguese Chicken with Sweet Onions and Potatoes 	Hong Kong Style Chicken Curry with Carrots and Green Bell Peppers 	Spinach and Chicken Hot Pot with Mushrooms 
B	Fish Fillet with Mushroom Sauce 	Pan Fried Pork Chops with Onion Gravy 	Spanish Pork and Tomato Stew with Beans and Carrot 	Tuna Casserole with Bell Peppers and Peas 	Pan Fried Pork Chops with Black Pepper Sauce 
C	Pumpkin and Lentil Stew   	Chickpea and Cauliflower Stew   	Turkish Vegetable Stew   	Mixed Mushroom and Spinach Curry   	Vegetable Udon Noodles   
	<b>25-Sep</b>	<b>26-Sep</b>	<b>27-Sep</b>	<b>28-Sep</b>	<b>29-Sep</b>
A	Indian Vegetable Crumble   	Mildly Spiced Pork and Bean Stew 	Baked Fish Fillet with Cream Dill Sauce 	Spaghetti Bolognese with Diced Carrots and Celery 	Mexican Chili Con Carne with Beans and Diced Carrots 
B	Roasted Cherry Tomato and Basil Risotto   	Chicken A La King and Mixed Bell Peppers 	Pan Fried Pork Chop with Garlic Tomato Sauce 	Chicken and Corn with Onions and Mushrooms 	Beef Stroganoff with Red Bell Peppers and Sautéed Onions 
C	Vegetarian Mildly Spiced Kedgeree   	Cauliflower and Potato Curry   	Zucchini and Eggplant Lasagna   	Spinach and Potato Curry   	Thai Style Mixed Vegetable Curry   

**Remarks:**

- No nuts will be used in the menu, including peanuts oil.
- All "A and B" set meals comes with the option of pasta or rice.
- A portion of daily vegetables will be served along with each meal.
- Maxim's reserves the right to change meal choices subject to availability.
- Menu vetting is based on Nutritional Guidelines on Lunch for Students For Use in Primary and Secondary Schools by Department of Health of HK.
- Pre-ordered lunch set meals are for A,B,C meals only.
- For Prep to Grade 6 pre-ordered meals, desserts and drinks will be included (Fruits will be served as desserts from Monday to Thursday, Friday will be a special sweet treat).